

To be honest, How do I ensure a good fit there ?

There are several things that contribute to a good fit.

The most important consideration is the nose piece.

It should mold over the nose and cheeks and maintain its shape over time.

It should not kink or break when adjusted.

Individuals with wider faces should select a mask that ensures full coverage over the face and under the chin.

The upper tie should sit at the crown of the head, and the lower tie should be tied behind the neck to hold the sides of the mask against the face to prevent any gaping.